

CONESTOGA VALLEY



FASTPITCH

March, 2026

Swinging into Spring!

Evaluations are DONE, and the turn out was awesome. We are so excited for a fun season of building softball skills; sportsmanship; and for 10U, 12U, and 14U--a run for playoff spots. Start looking for communication from your coach. Tip: please download the Team Snap & Game Changer app and check your emails.

Spring Softball is a 12 week season and there will likely be one tournament and we are hoping for playoff positions. Our goals are to build fundamental softball and team skills, and to foster an enjoyment of the sport! **Parent Meeting is on 3/8 at Smoketown.**

The Winter Workouts were a fun start to our spring season. The volunteer coaches had a lot of fun helping us get some reps in, and we thank them for their time. We are working on a free Pitching Practice, 3/21! Click [HERE](#) for more details

Please email us pictures throughout the season of your girls and their games!

Practice Schedule

14U: Tues/Thurs
HS Varsity Field

12U A: Mon/Wed
HS Varsity Field

12U B: Mon/Wed
HS JV Field

10U A: Tues/Thurs
HS JV Field

10U White: Tues/Thurs
West Earl

10U Red: Tues/Thurs
West Earl

8U Navy & Red: Mon/Wed
West Earl

Your coach will communicate YOUR team's practice times and game schedules

Calendar:

3/1-3/15: CVYS Swag Store

4/15-4/28: Season Begins

4/24: Calendar Fundraiser Closes

6/3: Prize pickup at Smoketown

6/5-6/18: Play Offs
(10, 12, 14U)



Equipment List

Contact Us:

cvyouthsoftball@gmail.com

Conestoga Valley Youth Softball CVYS

[cvyouthsoftball](https://www.instagram.com/cvyouthsoftball)

<https://cvyouthsoftball.teamsnapsites.com/>

Meet the Board

Spring 2026



Mike Reynolds

President

Favorite Sports Team:
Providence Friars
Favorite thing about Softball:
Seeing growth in the girls.



Jen Hess

Vice President

Favorite Sports Team: Phillies
Favorite thing about Softball:
Seeing player growth and
spitting seeds with the girls!



Lindsay Gehman

Treasurer

Favorite Team: Pittsburg
Steelers
Favorite thing about Softball:
Watching the players develop
and work together as a team.



Doug Bowers

Secretary

Favorite Sports Team:
Dallas Cowboys
Favorite thing about Softball:
Seeing how much progress the
girls make each year.



Nicole Parmer

Director of
Fundraisers &
Tournaments

Favorite Sports Team:
CV BUCKS
Favorite thing about Softball:
Watching the girls grow and
learn from season to season.

Aaron Dykes

Co-Director of
Fields &
Maintenance

Favorite Sports Team: Eagles
Favorite thing about Softball:
Watching the girls improve from
season to season.



Kyle Hosking

Co-Director of
Fields &
Maintenance

Favorite Sports Team:
NY Yankees
Favorite thing about Softball:
Watching the girl's skills
progress and seeing their
teamwork in action



Megan Senn

Director of
Social Media

Favorite Team: SF 49ers
Favorite thing about Softball:
Watching the girls confidence
when they learn a new skill and
cheering on their team mates.



12U B

1st Place Lanco Playoffs
Spring 2025



10U A

1st Place Lanco Playoffs
Spring 2025



10U B

Division Winners
Spring 2025



14 U

Playoff Contender
Spring 2025